

# Benarty Information Café

Starts Tuesday 7 August 2018



A social group for people living with dementia, their carers, family and friends.

This drop in café is held on first Tuesday of each month from 10.30am-12.00pm.

**Room 3, Benarty Centre  
Flockhouse Avenue, Ballingry, KY5 8JH**

Refreshments will be available – suggested £2.00 donation



Please contact Linda Aitken on 07778 113705 or by emailing [laitken@alzscot.org](mailto:laitken@alzscot.org)

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely

Alzheimer Scotland - Action on Dementia is a company limited by guarantee, registered in Scotland 149069. Recognised as a charity by the Office of the Scottish Charity Regulator, no. SC022315 160 Dundee Street, Edinburgh, EH11 1DQ. 0131 243 1453. [www.alzscot.org](http://www.alzscot.org)

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